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Lesson 4

My Mexican days

Reading



- 1 Listen and read a blog entry on Vicky's tablet about Mexico by the travel journalist, Peter Williams.

WARM-UP

- Is there a local festival in your city/town/village every year?
- Do you like attending local festivals? Why? / Why not?

← → ↻ <https://www.peters.blog.com> ☆ ☰

PETER'S BLOG travel & explore Galleries | My trips | World map | About me

MY MEXICAN DAYS

It's my second day in Mexico and I can say that this country is exactly what you would expect: colourful buildings, hospitable people, spicy food. My trip began in the capital, Mexico City. Yesterday morning, I went on a long tour, starting in Zócalo, one of the biggest squares in the world. Here, you can see some of the most famous sights of the city.

While you are wandering in the centre, you will meet small bands with musicians dressed in traditional costumes. These people are called "mariachis" and they play Mexican music. I met a mariachi band at a restaurant and I became friends with the musicians. You see, Mexican people are friendly and they like sharing their stories. One member of the band, Eduardo, told me that his grandson is a mariachi musician too, and he is taking part in the festival that I'm attending tomorrow!

So, my next stop is Guadalajara, the second largest city in Mexico. Every October, a huge festival called "Fiestas de Octubre" takes place in this city. This year, the festival starts on 5th October and lasts for a month. Every day, there are different types of events, like live concerts, dance performances and mariachi parades. Also, there is a huge funfair with lots of rides and games for children. It sounds like the whole city is having a big party and people of all ages celebrate together. Maybe next year, I'll come back to Mexico with my family. I'm sure my wife and my daughter will love it!

2 Read again and answer the questions.

1. Which is Peter's first stop in Mexico?
Mexico City
2. What is Zócalo?
one of the biggest squares in the world
3. Who are the "mariachis"?
musicians dressed in traditional costumes and they / who play Mexican music (in small bands)
4. What are Mexican people like?
hospitable and friendly
5. When will "Fiestas de Octubre" probably finish?
in November / on 5th November

4 Which of the following could be an alternative title for Peter's blog entry? Circle a, b or c.

- a.** The colourful buildings of Mexico
- b.** "Fiestas de Octubre"
- c.** Mexico: a country full of culture

3 Fill in with one word from the text.

1. Mexico is famous for its _____ **spicy** _____ dishes.
2. Mexico City is the _____ **capital** _____ of the country.
3. In Zócalo, tourists can see famous _____ **sights** _____ of Mexico City.
4. Eduardo's _____ **grandson** _____ is a member of a band.
5. In "Fiestas de Octubre", children can have fun at a big _____ **funfair** _____.
6. Peter wants to take his _____ **wife** _____ and his _____ **daughter** _____ to Mexico.

5 What would you like to do in Mexico? Why? Tell the class.

I would like to meet a mariachi band because I want to listen to Mexican music.

ideas

- ▶ eat at a restaurant - taste spicy food
- ▶ go to Zócalo - see some famous sights in Mexico City
- ▶ meet a mariachi band - listen to Mexican music
- ▶ visit Guadalajara - attend "Fiestas de Octubre"

Everyday English

talking about my family

6 Listen to the following dialogue. Then, work in pairs and act it out changing the words in red.

- Have you got a big family or a small one?
- I've got a **small** family. Actually, there are **four** people in my family: me, **my father, my mother and my younger sister**.
- Who do you look like?
- I look like my **mother** because we have the same **nose** and the same **smile**, too.



Listening

7 Listen to five short dialogues and circle a or b.

1. Listen to a woman talk to her neighbour. Who is she going to visit next week?
a. her husband
b. her daughter
2. Listen to a boy talk to his classmate. Which of his brothers is older?
a. Oliver
b. Tony
3. Listen to a boy talk to his mother. What is he going to do now?
a. help his sister
b. visit Sam
4. Listen to a man talk to his sister on the phone. What time does the film start?
a. 8:30
b. 9:00
5. Listen to a man talk to a new friend. Which person in his family is a professor?
a. his daughter
b. his wife



Lesson 8

A new football star is born

Reading



1 Listen and read a story about a boy from Brazil that Daniel is reading.

A NEW FOOTBALL STAR IS BORN

In most countries, children take up football and join football clubs to learn skills and game strategies. But in some countries in South America, like Brazil and Argentina, **football becomes second nature to children** from a very young age. They don't have money for football clubs, so they play everywhere: in the parks, on the beaches or in the streets. Some of them don't even have football boots and they play barefoot. They don't

care about rules and strategies. Their "Ginga" football style focuses on fast impressive tricks with the ball and, of course, scoring goals.

One such boy is Gabriel Ramos from Brazil. Two years ago, Gabriel lived with his family in a poor neighbourhood in São Paulo. Gabriel took after his father, who had great talent in football. One day, while Gabriel and his friends were playing football in the street, it started to rain heavily. But the children didn't stop playing. In fact, Gabriel got more excited and he started playing even better. However, he didn't know that an important man was watching him.

WARM-UP

- Is football a popular sport in your country?
- Where do children do sports in your area?



Two days later, Gabriel and his family were having dinner at home when the bell rang and the man turned up at the door. It was Oliver Sellers, a famous scout, who offered Gabriel a scholarship at a football academy in England. At first, Gabriel's father turned down the offer, but when he saw how disappointed his son was, he changed his mind.

Many famous football stars, like Lionel Messi or Neymar da Silva Santos Júnior, have a story similar to Gabriel's. Now, Gabriel lives in London, and he is one of the best players at the academy. His coaches believe that his career will take off very soon!

2 Read again and answer the questions.

1. What can someone learn at football clubs? **skills and game strategies**
2. What do Gabriel and his father have in common? **great talent in football**
3. What were Gabriel and his friends doing when it started to rain? **They were playing football in the street.**
4. Why did Oliver Sellers visit Gabriel's family? **Because he wanted to offer Gabriel a scholarship at a football academy in England.**
5. Why did Gabriel's father finally decide to let his son go to England? **Because he saw how disappointed his son was.**

4 Why does the writer say that in some countries in South America "football becomes second nature to children"? Circle a, b or c.

- a. to show that children learn how to play football easily
- b. to show that children know game rules very well
- c. to show that children join football clubs

3 Put the sentences in the correct order (1-6) to make a summary of Gabriel's story.

- a. Suddenly, it started to rain. 2
- b. Gabriel's father said "yes" to the scout's offer. 5
- c. A famous scout visited Gabriel and his family. 4
- d. Gabriel moved to England, and now he plays at a football academy there. 6
- e. Gabriel continued playing even better. 3
- f. One day, Gabriel was playing football with his friends. 1

5 Was it a good idea that Gabriel's dad let him go to England? Why? / Why not? Tell the class.

I don't think it was a good idea because Gabriel will miss his family and friends.

ideas 



- ▶ learn skills and game strategies there
- ▶ his career take off soon
- ▶ work with excellent coaches



- ▶ miss his family and friends
- ▶ be too young to live in a faraway country
- ▶ should focus on school

Everyday English

narrating a past experience

6 Listen to the following dialogue. Then, work in pairs and act it out changing the words in red.

- You won't believe what happened to me **yesterday evening!**
- What?
- I **was having dinner with my parents at a restaurant** when my favourite basketball player, Giannis Antetokounmpo, turned up!
- Seriously? What did you do?
- I **talked to him** and **we took a selfie together!**
- Really? How did you feel?
- I felt very **surprised** because I wasn't expecting it. It was a **great** experience!



Listening

7 Read the sentences first. Then, listen to a story about a girl from Argentina and mark the sentences with T (True) or F (False).

1. Carolina came from a rich family. F
2. Carolina wanted to be a musician when she grew up. T
3. Carolina learnt how to play the piano at school. T
4. Carolina was dancing at the school party. F
5. Mr Perez was the headteacher at Carolina's school. F

English Sounds


8 Listen and repeat the questions.


Yes/No questions

1. Did you visit your cousins last weekend?
2. Was Mum cooking at that time?

Wh- questions

1. When did you visit your cousins?
2. What was Mum cooking at that time?

Yes/No questions:  rising intonation

Wh- questions:  falling intonation

Lesson 13

Travelling around Europe

Reading



- 1 Listen and read about a board game that Daniel, Vicky and Evita are playing.

Daniel, Vicky and Evita are in Daniel's room. They're playing "Travelling around Europe", a board game that Evita has brought with her. In this game, one player throws the dice and moves his piece around the board. The player on the left picks a card and asks him a question about Europe. If the first player answers correctly, he plays again. Otherwise, the next player takes his turn. The player who finishes first is the winner.

WARM-UP

- What's your favourite board game?
- How often do you play board games? Who do you play with?



Evita: Have you ever played this game, guys?

Daniel: No, we haven't. But it looks like an amusing way to learn geography!

Evita: It is! All right, Vicky, you start first. Throw the dice!

Vicky: Six!

Daniel: The question is: "What currency do people use in Ireland?"

Vicky: Hmm ... They use pounds like we do in the UK, I guess.

Evita: Sorry, Vicky, but you're wrong. They use the euro.

Vicky: Oh no! I'm off to a bad start.

Daniel: Ha ha ha!

Vicky: It's your turn now, Daniel.

Daniel: I got four!

Evita: "What does the flag of Denmark look like?"

Daniel: Hmm ... I've never seen it, but I think it's white with a blue cross.

Evita: No, Daniel. That's the flag of Finland. The flag of Denmark is red with a white cross.

Vicky: Ha ha ha!

QUESTION
What does the flag of Denmark look like?

ANSWER
red with a white cross

QUESTION
Which European country has got the smallest population?

ANSWER
the Vatican City

The Vatican City!

Daniel: You play now, Evita.

Evita: Two!

Vicky: Oh, this question is quite difficult. "Which European country has got the smallest population?"

Evita: Oh, Vicky! That's easy! It's the Vatican City, which is located inside the city of Rome, in Italy!

Vicky: Wow! That's the correct answer. I didn't know that, the Vatican City is also a country. Well done!

Daniel: Well, Evita, you're the only person who has answered correctly so far! You're very good at this game ...

Vicky: ... and we have to study geography harder, Daniel!

Evita: Well ... b, I've played this game many times, so I remember some of the answers!

2 Read again and answer the questions.

1. Who does the board game belong to? **Evita**
2. What happens if a player gives a correct answer? **He plays again.**
3. Who throws the dice first? **Vicky**
4. What do the flags of Finland and Denmark have in common? **They both have a cross.**
5. Why is Evita so good at "Travelling around Europe"? **Because she has played this game many times, so she remembers some of the answers.**

4 Which phrase is missing from Evita's last comment? Circle a, b or c.

a. In my opinion
 b. To be honest
 c. For a while

3 Mark the sentences with T (True), F (False) or NG (Not Given).

1. This is the first time Daniel and Vicky have played "Travelling around Europe". **T**
2. Vicky answers her first question correctly. **F**
3. The UK and Ireland use the same currency. **F**
4. Daniel thinks his question is difficult. **NG**
5. The Vatican City has got the fewest citizens of all European countries. **T**
6. Daniel and Vicky get bad marks in geography. **NG**

5 Would you like to play "Travelling around Europe" with your friends? Why? / Why not? Tell the class.

ideas

I would like to play "Travelling around Europe" with my friends because I like learning about European countries.

- ▶ like learning about European countries
- ▶ know a lot about European countries
- ▶ think it's entertaining
- ▶ not be good at geography
- ▶ not like board games
- ▶ prefer computer games

Speaking

6 Work in pairs. Ask and answer using the Present Perfect Simple, as in the example.

1. travel to a European country by plane
2. hear the national anthem of the UK
3. meet someone from Germany
4. be to a Greek island
5. see a British pound
6. taste Spanish food

Have you ever travelled to a European country by plane?

Yes, I have. I've travelled to France. Have you ever ...?

Writing Project

7 Write about your country.

I come from ..., which is a country in the north/south/east/west of ...

Its flag is ... and its currency is the ...

It's a big/small country and has a population of ...

The official language of ... is ...

I love my country because ...



2 Read again and answer the questions.

1. Where are the Pyramids of Giza located? **near the city of Giza, and a few kilometres away from the River Nile**
2. What were the ancient Egyptian kings called? **pharaohs**
3. Which of the three pyramids was built first? **the Pyramid of Cheops / the Great Pyramid**
4. What did ancient Egyptian people do to preserve the pharaohs' dead bodies? **They turned them into mummies.**
5. What is a sphinx? **a mythical creature with the head of a human and the body of a lion**

3 Fill in the fact file with one or two words from the text.

ANCIENT EGYPT

- The Pyramids of Giza are among the oldest ¹ monuments in the world.
- You can see more than 130 pyramids in ² Egypt
- The ancient Egyptians built the pyramids to use them as ³ royal tombs for the pharaohs.
- The Pyramid of Cheops is one of the ⁴ Seven Wonders of the Ancient World.
- The ancient Egyptians turned a dead pharaoh's body into a mummy because they believed in life after ⁵ death
- The ⁶ head of a sphinx was made to look like a pharaoh or a god.

4 Which word/phrase is missing from Daniel's last comment? Circle a, b or c.

a. after all
 b. as well
 c. instead

5 Would you like to visit the Pyramids of Giza? Why? Tell the class.

I would like to visit the Pyramids of Giza because I want to see one of the Seven Wonders of the Ancient World.

Ideas

- ▶ admire the ancient Egyptian civilisation
- ▶ find out about the pharaohs' lives
- ▶ see one of the Seven Wonders of the Ancient World
- ▶ take a photo of these monuments

Speaking

6 Work in pairs. Make true sentences about yourself using the comparative and the superlative degrees of the adjectives given, as in the example.

I think that kayaking is more exciting than hiking. But mountain biking is the most exciting sport of all.

1. hiking / mountain biking / kayaking - exciting sport
2. watching a film / playing a video game / reading a book - amusing activity
3. spaghetti / pizza / a burger - tasty food
4. geography / history / science - easy subject
5. the camel / the elephant / the giraffe - cute animal
6. the Great Pyramid / Machu Picchu / the Parthenon - impressive sight



Writing Project

7 Write a short paragraph about an ancient civilisation you admire.

An ancient civilisation I admire is the civilisation of ancient ... **Egypt** because ... **it was one of the most important in the world. The ancient Egyptians lived on the banks of the River Nile because they could grow and water their plants there. They built impressive buildings, such as huge pyramids and temples, since they were very good architects. Also, they were among the first civilisations to use writing. Another interesting fact is that they loved and protected cats because they believed these animals brought good luck.**

Guided Tour



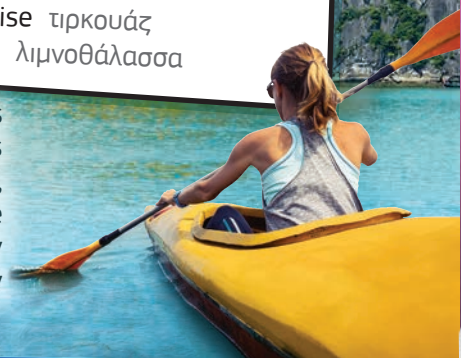
VOCABULARY

1. bay κόλπος
2. include περιλαμβάνω
3. islet νησίδα, μικρό νησί
4. size μέγεθος
5. form σχηματίζομαι
6. shoot γυρίζω (ταινία)
7. fully εντελώς, πλήρως
8. recover ανακάμπτω / αναρρώνω
9. hidden κρυμμένος
10. cliff γκρεμός
11. turquoise τρκουάζ
12. lagoon λιμνοθάλασσα

- 1 Look at the pictures. What do you see?
- 2 Listen and read about three exotic places in southeast Asia.

Ha Long Bay, Vietnam

Ha Long Bay is located in northern Vietnam and it is one of the most popular places in the country. This fantastic area includes more than 1,900 islets of different shapes and sizes. Scientists believe that it took millions of years for the islets to form and that, thousands of years ago, they were inhabited. Nowadays, tourists can go on a cruise around Ha Long Bay to admire its unique beauty. The scenery in the centre of the bay is absolutely amazing, as the islets are very close to each other. Visitors can also try kayaking there and visit some of the wonderful beaches and caves.



Maya Bay, Thailand

Maya Bay is one of the most beautiful beaches in Thailand. It is on Ko Phi Leh Island and it can only be reached by boat. The bay is known for its incredible scenery, which makes it look like paradise. This place became popular after a Hollywood film was shot there in 1999. Since then, millions of tourists have visited it in order to swim and go snorkelling in its crystal clear water. However, its natural environment was being seriously damaged by all these visitors, so in 2018, the government decided to close Maya Bay for 2 years or until it fully recovers.

El Nido, the Philippines

For thousands of tourists, El Nido is the main reason why they visit the Philippines. This wonderful place is located in the north of Palawan Island and it is an area that includes 45 islands and islets. But what is really impressive about El Nido is that it's home to numerous sites of unforgettable beauty. In order to explore them, visitors can choose from four main tours. During these tours, they can relax on hidden beaches surrounded by high cliffs, or swim in warm turquoise lagoons and, of course, they can do various water sports, as well.



- 3 Tick (✓) the correct place(s).

WHICH PLACE ...

	HA LONG BAY	MAYA BAY	EL NIDO
1. offers visitors the chance to do water activities?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. consists of various small islands?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. was inhabited thousands of years ago?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. became popular thanks to a film?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. gives visitors four options to explore it?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

- 4 Discuss the following in class.

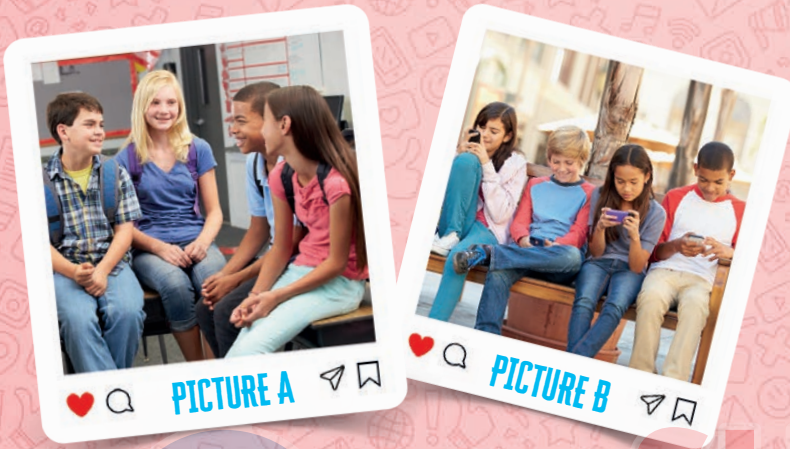
1. Which of these exotic places would you like to visit? Why?
2. Are there any beautiful beaches in your country? Where are they?

Life Skills

6

Handling digital addiction

1a Work in pairs. Compare and contrast the pictures.



VOCABULARY

1. compare and contrast βρίσκω ομοιότητες και διαφορές
2. remind of θυμίζω
3. addicted (to) εθισμένος (σε)
4. post αναρτώ, δημοσιεύω
5. dependent (on) εξαρτημένος (από)
6. a big deal πολύ σημαντικός
7. text στέλνω γραπτά μηνύματα

In both pictures, I can see ...

In Picture A, ... , while in Picture B, ...

1b Which children do you think are having more fun? Why? Which picture reminds you more of what you and your friends do when you are together?

2 Read and fill in the stars to find out if you are addicted to technology.

I don't agree. ★☆☆ I partly agree. ★★☆☆ I totally agree. ★★★★★

1. I spend more than five hours a day in front of a screen. ★☆☆
2. The last thing I do before I go to bed is check my phone. ★☆☆
3. I can't imagine my life without technology. ★☆☆
4. When I hang out with my friends, we usually spend time on our phones. ★☆☆
5. My favourite free time activity is playing video games. ★☆☆
6. My phone is always on the table during meals. ★☆☆
7. I like posting everything I do on social media. ★☆☆
8. I keep my phone next to my bed when I sleep. ★☆☆
9. I have my phone on me all day. ★☆☆
10. I often argue with my parents about how much I use my phone or my tablet. ★☆☆

Results:

25-30 stars:

Well, it seems that you are addicted to technology. You spend most of your time in front of a screen and you believe that you can't do anything if you don't have a smartphone or a tablet with you. Maybe it's time for a digital detox, don't you think?

15-24 stars:

You aren't totally addicted, but technology is quite important to you. You enjoy using devices like smartphones and tablets, but you aren't completely dependent on them. However, you could find some alternative ways to spend your free time!

10-14 stars:

You aren't addicted to technology at all! You only use it when you have to and you don't think that having a smartphone is a big deal. Well done!

3 Discuss the following in class.

think & talk

1. Do you think you need a digital detox? Why? / Why not?
2. Why do young people become addicted to technology so easily?
3. At what age do you think children should be allowed to have a smartphone? Why?

PROJECT TIME - A POSTER

- 4 Look at Emily's poster about things we can do to prevent digital addiction. Then, make a poster like Emily's and present it in class.



- Don't check your phone or tablet during meals or when you hang out with friends.
- Don't play on your phone or tablet before you go to bed.
- Don't keep or charge your phone near your bed while you are sleeping.
- Don't have your phone on you all day long.

- Call your friends or relatives instead of texting them.
- Do more active or creative activities in your free time.
- Set a day during the week when you will be offline all day and you won't use any devices or gadgets with a screen.
- Always remember:
Life is what happens while you are too busy looking at a screen!

PROJECT TIP

Before you present your poster, check that you haven't made any mistakes.

VR Tour 1

Unit 5: Asia

Cappadocia, Turkey



A. BEFORE THE TOUR

1 Discuss:

1. Have you ever visited a castle in your country?

Students' own answers

2. Look at the pictures and then talk about other places around the world with extraordinary landscapes.

Students' own answers

2 Read the following questions first. Then, watch the video and answer them.

1. How were "fairy chimneys" created?
They were created by volcanoes (millions of years ago).
2. Why did the people of Cappadocia build underground cities?
to hide from their enemies
3. How high do the hot-air balloons fly in Cappadocia?
up to 900 metres

B. AFTER THE TOUR

1 Check your memory:

1. Where was Tech? Outside or inside a "fairy chimney"?
outside a "fairy chimney"
2. What colour was the hot-air balloon that you saw up close at the end of the video?
blue and yellow

2 Discuss:

1. What is the most interesting fact you have learnt about Cappadocia? Why?
Students' own answers
2. Would you like to visit this place? Why? / Why not?
Students' own answers

3 Imagine:

You are in Cappadocia. Right now, you are making a video call to your best friend while you are taking a hot-air balloon ride. Tell him/her about Cappadocia's unique landscape and describe your experience.

VR Tour 2

Unit 5: Asia

Kathmandu and Mount Everest, Nepal



A. BEFORE THE TOUR

1 Discuss:

1. Which are the most popular places for hiking or climbing in your country?
Students' own answers

2. What do you know about Mount Everest?
Students' own answers

2 Read the following questions first. Then, watch the video and answer them.

1. What kind of historical sites are there in Kathmandu?
ancient monuments, palaces and temples

2. During which seasons are the Gokyo Lakes often frozen?
winter and spring

3. Why do people in Nepal hang colourful flags everywhere?
Because they are symbols of peace and harmony. / They hang them as symbols of peace and harmony.

B. AFTER THE TOUR

1 Check your memory:

1. Where can you find rooftop restaurants? In Kathmandu or Lukla village?
in Kathmandu

2. Where did you see orange tents? At the Gokyo Lakes or at the Everest Base Camp?
at the Everest Base Camp

2 Discuss:

1. Which part of the VR tour did you find the most impressive? Why?
Students' own answers

2. Why do you think that so many people climb Mount Everest although it is an expensive and dangerous thing to do?
Students' own answers

3 Imagine:

One of your friends is going to Nepal with his/her family next month to visit Kathmandu. Tell him/her about what he/she can see and do there.

