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Practice Test 2

Contents of this Paper

Section	Number of Questions	Weighting for Section
Listening		
Part One	10	20%
Part Two	10	
Reading		
Part One	10	20%
Part Two	5	
Use of English		
Part One	10	
Part Two	10	20%
Part Three	10	
Part Four	5	
Writing	1	20%

The remaining 20% is for your speaking test.

Total time allowed: 2 hours and 30 minutes.

You should attempt all sections of this paper.

The use of dictionaries, notes or any electronic device is not permitted in this examination.

Put your answers for Listening, Reading and the Use of English on the OPTICAL MARK FORM.

USE THE WRITING ANSWER BOOKLET for your answer to the Writing Section.

This question paper WILL NOT BE MARKED.

DO NOT OPEN THE EXAMINATION PAPER UNTIL YOU ARE TOLD TO DO SO.

You will hear people talking in ten different situations.

For questions 1 – 10, choose the correct answer A, B or C. You will hear each passage TWICE.

You have one minute to read the questions for Part One.

1. From the conversation we can understand that Jenny

- A. didn't want to go to London.
- B. is usually busy on Saturdays.
- C. is from Spain.

2. It seems that

- A. Jim's vet doesn't charge a lot of money.
- B. Brenda's vet doesn't take good care of her dog.
- C. Brenda's dog doesn't like visiting the vet.

3. It is true that Eve

- A. will help Paul in the garden.
- B. doesn't like the flowers Paul is planting.
- C. is leaving in 5 minutes.

4. The woman will have

- A. grilled chicken and chocolate ice cream.
- B. grilled chicken, potatoes and strawberries.
- C. grilled chicken and strawberry ice cream.

5. The school children are in

- A. a restaurant.
- B. a science museum.
- C. a school laboratory.

6. Mandy wants Jack to

- A. feed her cat.
- B. let someone into her house.
- C. mend her fridge.

7. The woman is going to

- A. Austin.
- B. Portland.
- C. Hawaii.

8. What do they think of Gerald?

- A. He talks too much.
- B. He is forgetful.
- C. He is intelligent.

9. People who use their weaknesses

- A. make people feel sorry for them.
- B. threaten people.
- C. scare people.

10. The manager wants Angela to

- A. work harder.
- B. supervise the workers.
- C. launch a new product.



You will hear a shop assistant and a woman discussing guitars in a shop.

For questions 11 – 20, mark each statement True (T) or False (F). You will hear Part Two TWICE.

You have one minute to read the questions for Part Two.

Teacher's note: Please inform students that in Listening Part Two the statements may not necessarily follow the order of the information heard.

Buying a Guitar

11. The woman doesn't mind her daughter learning to play the guitar. T
12. The woman's daughter will become a teenager next month. F
13. The woman doesn't consider quality to be important. F
14. The woman thinks her daughter is unmotivated. T
15. The man suggests a smaller guitar for the woman's daughter. T
16. Generally, pianos are more expensive than guitars. T
17. Guitars with steel strings are designed for classical music. F
18. The woman is not particularly fond of heavy metal music. T
19. The guitar the man suggests costs £175. F
20. The guitar the man suggests has a relatively thick neck. F



You are going to read a passage about sports cars.

For questions 21 – 24, match the headings below (A – G) with the appropriate paragraph.

The first heading has been done as an example. There are TWO headings which you do not need.

Super Cars Super Crashes

Example: G. Unusual Curiosity

Car manufacturers are turning out a new breed of extremely fast sports cars that share many characteristics of thoroughbred racing cars. But as they hit the road, often with inexperienced drivers behind the wheel, a growing number of them are ending up smashed up in accidents. These accidents are happening so regularly that an extraordinary website has been set up containing photos of dream cars reduced to twisted metal. The owners of the site say that they were surprised by how many people showed an interest in seeing and providing such photos. According to their statistics, the site attracts about 700,000 visitors a month and 300 new pictures are added to its gallery every month.

21. E. More Cars, More Crashes

One reason for the growing number of such 'super' sports car accidents is that there is simply an increasingly large number of these automobiles on the road. CW Marketing Research, a firm that analyses the auto market, says Americans bought about 11,000 super sports cars last year - three times as many as two years ago. Insurance companies support ⁽²⁵⁾ these statistics, saying that while the majority of 'super' sports car accidents do not lead to serious injuries, there has been a marked increase in accident claims involving these cars.

22. D. Irresponsible Driving

Driving experts say most 'super' sports car accidents happen when careless drivers take turns too fast for the road ⁽²⁶⁾ conditions or start turning too early and then suddenly take their foot off the accelerator to compensate. If the car's back end starts to slide, inexperienced drivers will fail to steer in the direction of the sliding tail or will overcorrect by turning too severely in that direction. Many of these accidents are, of course, just examples of pure recklessness.

- A. Costly Collisions
- B. Driving Academies
- C. High Speed, Low Clearance
- D. Irresponsible Driving
- E. More Cars, More Crashes
- F. The Young and the Restless
- G. Unusual Curiosity**

For questions 25 – 30, decide which is the correct answer A, B, C or D.

25. Most accidents involving 'super' sports cars

- A. are posted on websites.
- B. do not result in severe injuries.**
- C. are caused when two vehicles collide with each other.
- D. are not covered by insurance companies.

26. When a car's back end starts to slide around a turn, a driver must

- A. take his/her foot off the accelerator immediately.
- B. steer in the same direction as the sliding tail.**
- C. accelerate even further around the turn.
- D. turn sharply in the direction of the sliding tail.



A Bugatti owner who crashed in Surrey in early 2011 was said to be travelling at 100 mph on a country lane before colliding with a station wagon. And the 26-year-old who crashed his Lamborghini into five parked cars in Essex in March 2011 was reportedly doing 75 mph around a 35-mph curve.

23. C. High Speed, Low Clearance

Because of their unusual dimensions, 'super' sports cars have always been vulnerable to damage from pavements, speed bumps, road imperfections or even small objects in the road. While driving his spotless yellow Ferrari Enzo for only the third time, an unfortunate 51-year-old plastic surgeon from Florida ran over a spool of wire on the road. In most cars this would not have caused a problem, but in this case, the low-slung Ferrari lost its grip on the road and was sent skidding into a barrier.

24. B. Driving Academies

Most manufacturers have organised driver-education programmes. Bugatti runs a Feeling the Road driver training course, Ferrari has been offering Corso Pilota driver training in Italy since the early 1990s, and has since opened authorised schools in Canada and the US. Lamborghini started offering winter and summer driving schools in 2006, formalising classes long offered by dealers. Lotus has been providing driver training since 1999, and has run the Lotus Driving Academy in the UK, the US, France and Malaysia since 2009.

27. The examples of the Bugatti and Lamborghini accidents show the
- A. results of poor road conditions.
 - B. speeds 'super' sports cars can reach.
 - C. level of experience of 'super' sports car drivers.
 - D. dangers of exceeding the speed limit.


28. A phrase closest in meaning to vulnerable to in paragraph 4 is
- A. at risk of.
 - B. on the whole.
 - C. as a consequence of.
 - D. under pressure from.

29. The accident in which the Ferrari Enzo was involved could be attributed to
- A. the inferior design and grip of the car.
 - B. a combination of inexperience and bad luck.
 - C. inferior road conditions.
 - D. the poor handling of the car.

30. Which car manufacturer was the first to offer a driver-education programme?
- A. Bugatti
 - B. Lamborghini
 - C. Ferrari
 - D. Lotus

You are going to read an article about Stonehenge, one of England's most important archaeological sites. For questions 31 – 35, decide which is the correct answer A, B, C or D.

Stonehenge



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Few places have generated as much speculation as Stonehenge. After driving for miles through the English countryside, the sight of this unusual structure makes people gasp. A walk around it provokes even stronger feelings - a mysterious notion that the stones must be important. It has stood there for over 5,000 years; it has been excavated, x-rayed, measured, and

31 surveyed. Yet, despite all that has been learned about its age and construction, its purpose still remains one of the great mysteries of the world.

32 Around 3,500 BC, the semi-nomadic peoples that populated Salisbury Plain began to build the monument now known as Stonehenge. The original construction was a circular ditch and mound with 56 holes forming a ring around its perimeter. The first stone to be placed

at the site was the Heel Stone, which was erected outside the site's single entrance. Around 3,200 BC, 80 blocks of bluestone were transported from a quarry almost 200 miles away in the mountains. It is assumed that these blocks were transported by means of rafts along the Welsh coast and up local rivers, and then finally dragged overland to the site.

At some point, work began on the final phase of the site. The bluestones were moved to the inner circle and even bigger stones, some weighing as much as 26 tons, were moved into place. The final element to be added was the Altar Stone, a large block of green sandstone from South Wales. It remains a mystery how such huge stones could have been moved from the quarry by a supposedly primitive people. 34

33 In the 1960s, astronomer Gerald Hawkins utilised computer technology to provide the first concrete evidence that Stonehenge was used for observing the heavens. He found that the placement of key stones lined up precisely with certain events such as the solstices and equinoxes. He claimed that Stonehenge could even be used as a type of computer to predict eclipses and track heavenly bodies across the sky. The numerous alignments were clearly no accident, but whether this was the monument's actual purpose, however, is still far from being agreed on.

It is likely that the numerous stone circles found in

the British countryside all had a similar purpose, and, in many of these ancient sites, it is not unusual to find alignments with major astronomical events. But Stonehenge is unique among all the sites in England as its **sophistication** goes beyond the stone circles found in other areas.

Stonehenge looms over the landscape, taunting us with its mystery. When viewing this powerful structure, you get the distinct impression that you are in the presence of something very important - something with a purpose that may still, even after all these centuries, not have been utilised.

31. Researchers are still in disagreement over the

- A. actual reason for Stonehenge's altar.
- B. shape of Stonehenge's original construction.
- C. source of Stonehenge's huge bluestones.
- D. true purpose of Stonehenge's construction.

32. The first work on the Stonehenge site began about

- A. 5,500 years ago.
- B. 5,000 years ago.
- C. 3,500 years ago.
- D. 3,200 years ago.

33. Gerald Hawkins proved that Stonehenge

- A. could predict eclipses and track heavenly bodies.
- B. was used for studying the sky.
- C. served no purpose during solstices and equinoxes.
- D. is the oldest such site in Britain.

34. The author of the text suggests that

- A. Stonehenge is not as important as we make it out to be.
- B. the people who transported the bluestones were more advanced than we suppose.
- C. Stonehenge will one day fulfil its purpose.
- D. the researchers studying the site agree on the purpose of the Altar Stone.

35. A word closest in meaning to **sophistication** in paragraph 5 is

- A. simplicity.
- B. mysteriousness.
- C. familiarity.
- D. complexity.

For questions 36 – 45, choose the correct answer A, B, C or D.

36. We'll set the table once our guests _____ their drinks.

- A. finish
B. will have finished
C. will finish
D. are finishing

37. Sarah has injured her leg. _____, she says she will continue training for the Olympics.

- A. Despite
B. Nevertheless
C. Although
D. Because

38. Debby _____ her mum that she would come home late.

- A. explained
B. said
C. told
D. spoke

39. How _____ if you found out your best friend was lying to you about something important?

- A. had you reacted
B. would you react
C. did you react
D. would you have reacted

40. I can't decide _____ to invite our neighbours to my wedding reception or not.

- A. whether
B. about
C. if
D. how

41. Sheila and Mike are in the pool, but I have no idea where _____ have gone.

- A. the other
B. each other
C. another
D. the others

42. I _____ believe that education is the key to success.

- A. definite
B. definitely
C. precise
D. precisely

43. Children usually prefer watching cartoons _____ reading books.

- A. from
B. rather than
C. than
D. to

44. The teacher was furious _____ the fact that one of her students was chewing gum during the lesson.

- A. because
B. due to
C. in spite of
D. on account

45. The film was _____ scary that many people left before the end.

- A. such a
B. really
C. so
D. very

For questions 46 – 55, choose the correct answer A, B, C or D.

46. I think it would be wise to sell your 4x4 and buy a more _____ car.
 A. economically *οικονομικά* C. financial *οικονομικός (σχετικός με την οικονομία)*
 B. economic *οικονομικός (σχετικός με την οικονομία/ οικονομική επιστήμη)* D. economical *οικονομικός (φθηνός)*
47. These gloves are too small for my daughter; they won't _____ her.
 A. suit *ταιριάζω* C. fit *ταιριάζω (σε μέγεθος)*
 B. wear *φοράω* D. match *ταιριάζω (με κτ άλλο)*
48. Do any of these questions make _____ to you?
 A. meaning *έννοια, νόημα, σημασία* C. sure *(make sure) βεβαιώνομαι, σιγουρεύομαι*
 B. sense *(make sense) βγάζει/έχει νόημα* D. logic *λογική*
49. It's a very unlikely story. I'm sure Tracy's _____ it up.
 A. put *(up) φιλοξενώ* C. turned *(up) εμφανίζομαι, παρευρίσκομαι*
 B. brought *(up) ανατρέφω* D. made *(up) επινοώ, αποτελώ*
50. When you finish at the gym, _____ me a call and I'll pick you up.
 A. give *(sb a call) τηλεφωνώ σε κπ* C. take *παίρνω, πιάνω*
 B. phone *τηλεφωνώ* D. send *στέλνω*
51. Do you happen to know how I can _____ this stain from my skirt?
 A. disappear *εξαφανίζομαι* C. subtract *κάνω αφαίρεση*
 B. remove *αφαιρώ (λεκέ), μετακινώ* D. delete *σβήνω, διαγράφω*
52. You must have _____ in your abilities if you want to succeed in your job.
 A. qualifications *προσόν* C. efficiency *αποδοτικότητα, ικανότητα*
 B. satisfaction *ικανοποίηση* D. confidence *εμπιστοσύνη, σιγουριά*
53. If I were you, I would take _____ of this wonderful opportunity.
 A. advantage *(take advantage of) εκμεταλλεύομαι* C. exploit *εκμεταλλεύομαι*
 B. profit *όφελος, κέρδος* D. the most *(make the most of) εκμεταλλεύομαι στο έπακρο*
54. How many people _____ the technology seminar?
 A. registered *(for) εγγράφω, -ομαι (σε)* C. enrolled *(in) εγγράφω, -ομαι (σε)*
 B. applied *(for) κάνω αίτηση (για)* D. attended *παρακολουθώ, είμαι παρών*
55. Meredith's daughter dropped _____ college after only one year.
 A. off *αποκοιμίζομαι* C. in on *επισκέπτομαι απρόσμενα*
 B. out of *παρτάω (σχολείο, ομάδα)* D. by *επισκέπτομαι απρόσμενα*

For questions 56 – 65, read the text and choose the correct answer for each gap A, B, C or D.

The Global Demand for Energy

Over the last 50 years, the global demand for energy has been ⁵⁶ _____ increasing, not only because of the world's ⁵⁷ _____ population but also because of the greater number of technological goods available. Another factor that has played an important role is that of greater affluence in both developed and developing countries due to the fact that it has brought such goods ⁵⁸ _____ the reach of a larger proportion of the population. For example, ⁵⁹ _____ the introduction of more fuel-efficient car engines, the consumption of gasoline by automobiles in America increased by 18% and the number of cars on the road by 42% ⁶⁰ _____ 2000 and 2010.

Most of the energy we consume today is ultimately ⁶¹ _____ by the combustion of fossil fuels, such as coal, petroleum, and natural gas - and the world has only a limited supply of these fuels. Concern has therefore been ⁶² _____ about the depletion of natural resources, especially those used directly to produce energy. What's more, environmentalists have expressed further concern ⁶³ _____ the natural resources that are damaged during the exploitation of fossil fuels and those that are polluted during the energy-production process. Last but not least, the combustion of these fuels ⁶⁴ _____ various pollutants into the atmosphere, such as carbon monoxide and sulphur dioxide, both of ⁶⁵ _____ pose many health risks and contribute to acid rain and global warming.

56. A. nearly
B. steadily
C. hardly
D. recently
57. A. raising
B. producing
C. growing
D. lifting
58. A. within
B. through
C. beyond
D. from
59. A. although
B. nevertheless
C. while
D. despite
60. A. between
B. to
C. from
D. on
61. A. powered
B. manufactured
C. generated
D. resulted
62. A. risen
B. raised
C. arisen
D. rose
63. A. regardless
B. regards
C. as regarding
D. regarding
64. A. releases
B. spills
C. issues
D. delivers
65. A. them
B. these
C. which
D. whom



For questions 66 – 70, complete the sentences below by choosing the correct answer A, B or C.

66. Don't be afraid. Tina's dog is completely _____.
- A. harmlessly *αβλαβώς* B. unharmed *άθικτος, αλώβητος* C. harmless *αβλαβής, ακίνδυνος*
67. Baxter College is a highly _____ school with a very good reputation.
- A. recommending *συστήνω, συνιστώ* B. recommended *προτεινόμενος*, C. recommendation *πρόταση, σύσταση συστημένος*
68. The speaker made a rather long _____ and then went on to present the main points of his argument.
- A. introducing *συστήνω, εισάγω* B. introductory *εισαγωγικός* C. introduction *εισαγωγή, πρόλογος*
69. This is _____ the first time I have ever felt so refreshed and exhilarated.
- A. honestly *ειλικρινά* B. honesty *ειλικρίνεια, τιμιότητα* C. honest *ειλικρινής, τίμιος*
70. My manager _____ my ability to carry the project through.
- A. doubtful *αμφίβολος, αβέβαιος* B. doubted *αμφιβάλλω* C. undoubtedly *αναμφίβολα*



Writing

Choose ONE of the following options. Write between 180 – 200 words in English.

1. Write an **email** to an e-pal telling him/her that you are thinking of getting a summer job as a sports instructor at a children's camp. Explain what you like about this job and why you think you are suitable for it.
2. Write a **story** which ends with the line: 'It was definitely the biggest adventure my friends and I had ever experienced in our lives.'
3. Nowadays the ability to speak a foreign language is considered to be an essential skill. Write an **essay** in which you suggest the best way to learn a foreign language and use it effectively.

Writing 1

Dear Susan,

How's everything? Well, since I can't afford to go on holiday this summer, I've decided to get a job as a sports instructor at a children's camp. This way, I could combine work with pleasure.

I would really love to work at a children's camp because I adore children and I believe that sports and physical activities should play an important role in their upbringing. This job would offer me the opportunity to teach and have fun at the same time. I'm sure it would be a unique experience for me. And I believe that I'm perfect for the job.

You know that I've just graduated with honours from the Gymnastics Academy of Aristotle University. And I've also attended a number of seminars concerning children's physical and psychological development. As for my personality, I'm very hard-working and sociable. So I believe I can have a good relationship with children.

Well, I just hope they will give me the chance to prove myself. I'm going to send them my application tomorrow. Wish me luck! Looking forward to your next email.

Best wishes,
Samantha

Writing 2

Last weekend, my friends and I decided to travel to my aunt's cottage, which is located in a small mountain village.

David had borrowed his father's jeep for the weekend and we set off at 11 o'clock in the morning. We were listening to our favourite music along the way and we felt on top of the world. After about an hour's drive, we saw a baby bear sitting in the middle of an isolated mountain road. We told David to stop the car as none of us had seen a bear in the wild before.

While we were looking at the cub and telling each other how cute it was, we heard a terrifying growl. We turned around and saw a huge brown bear running towards us. Before we could react, the massive bear was standing next to the car, looking at us. We were too scared to do anything! However, it eventually made its way towards the cub and they disappeared into the forest.

We were all so relieved! We couldn't believe what had just happened. It was definitely the biggest adventure my friends and I had ever experienced in our lives.

Writing 3

Learning a foreign language takes time and dedication. However, there are some extremely useful things you can do to help your progress.

First and foremost, you should devote as much time and effort as possible to learning the language. If you don't do this, your progress will be rather slow and you may get bored with it. Secondly, you should concentrate on learning correct grammar as this will improve not only your speaking but also your writing skills.

Another enjoyable way to get effective results is to listen to your favourite music, read books, and watch films that you like in the target language. In this way, you will learn how the language is really used. Furthermore, you should use the language as much as possible. For instance, you could find an e-pal who is a native speaker of the foreign language and chat with him or her. In this way, you will definitely improve your fluency.

To sum up, in order to learn a foreign language and use it effectively, it's important to study as much as possible and take advantage of every possible opportunity to use it.



Speaking Test 2

Part 1 - Introduction

Hello. What's your name? (to Candidate A) And what's your name? (to Candidate B) Thank you. Can I have your mark sheets and your ID, please? (to Candidates A and B)

First, I'm going to ask you some questions about yourselves. *Interlocutor asks Candidates A and B a selection of questions from those below.*

Communication and Language

- What are the benefits of speaking English?
you can communicate with people all over the world, it's easier to get a good job, you are able to study in another country
- Do you use the Internet to contact your friends?
Yes: we chat online, we send messages using Messenger, we send emails to each other / No: I phone them, I send an SMS
- Which languages do/did you learn at school?
I study/studied English & French/German
- Is it good to be able to speak different languages?
Yes: you can understand the people/culture of a country better, you are able to communicate with many more people

Food and Drink

- What's your favourite meal of the day?
breakfast/lunch/dinner, the whole family sits to eat together, it's the main meal of the day, we chat while we are eating
- Do you drink a lot of soft drinks?
Yes: they are refreshing, they are tasty / No: they are unhealthy & full of sugar, they are bad for your teeth, I prefer fresh juice
- What do you usually order when you go to a café?
I love ice-cold coffee / iced tea, I sometimes order hot chocolate, I usually have a cappuccino
- Are there any types of food you don't like?
Yes: I can't stand snails/artichokes / frogs legs, they are disgusting, I'm a vegetarian, I don't eat seafood / No: I eat everything

Holidays and Tourism

- How do you usually spend your summer holidays?
I go to summer camp, I usually stay with my grandparents at their village, I go to an island with my family
- Why do tourists visit your country?
it's a beautiful country, there are many sights/places to visit, it has a rich history, there are fantastic beaches
- What's your opinion of camping holidays?
Positive: they're relaxing, you're close to nature / Negative: there are no luxuries like air conditioning, there are too many insects
- Tell me a few things about your last holiday.
we went to (X), we had a great time sightseeing, we spent the mornings visiting museums, we tried local dishes

Special Occasions

- Have you ever been to a fancy-dress party?
Yes: I dress up every year during the carnival, I have fun with my friends / No: I'd feel silly dressed up in a costume
- When was the last time your whole family got together?
Easter: it's an important celebration, we had a huge meal & danced all day / Baptism: it was an important day, our relatives came
- What is the best present you have ever received?
a smartphone / game console, it was an expensive gift, I'd waited ages to get one, I got it as a reward for doing well at school
- Do you like attending weddings? Why? Why not?
Yes: it's a great chance to see relatives from other towns/countries, I enjoy the celebration afterwards, there's good food & dancing all night / No: I hate getting dressed up, standing in church is tiring, I dislike the music & dancing at the reception

Thank you.

Speaking Test 2

Part 2 - Interactive Discussion: Entertainment and Culture

Now, in this part of the test I'd like you to discuss something together for about four minutes. I am going to give you a topic to talk about, please read the information and then talk together about it. I am just going to listen to you. You only have four minutes, so don't worry if I stop you and please speak up so that we can both hear you.

Here is your topic. *(Put the prompt on the table in front of both candidates, positioned so that they can both see it clearly.)*

The topic is 'Entertainment and Culture'. You can start when you are ready.

Copy of Candidate Prompts - TOPIC 6 - Entertainment and Culture

Part 2

- Talk together about which of the following are the best ways for teenagers to entertain themselves.
- Tell each other about what you usually do to entertain yourself.

Going to the cinema

Going to Internet cafés

Attending a live music concert

Dancing at clubs

Playing cards and board games

Sitting and chatting in cafés

Spending time on social media

Going for walks with friends

Thank you.

Part 3 - Responding to Questions: Health

We are now going to talk together for about four minutes. The topic we are going to talk about is 'Health'.

- Do young people suffer from stress?

Yes: they have pressure at school & must do homework on time, they are anxious to pass examinations to get into university

No: they have no responsibilities, they are carefree, they have plenty of free time to socialise/relax

- Why do you think people smoke when they know it's bad for them?

they think it makes them look cool, teenagers want to appear older / more mature, adults are addicted, they cannot give up, they believe it helps them feel stress free

- Tell me about a time when you were really sick. What did you do and how did you feel?

last year I had chickenpox/mumps/measles, I couldn't go out, I stayed in bed all day, I went to the doctor, I took medicine/pills, I ate healthy food like soup, I felt really awful/weak, I had a terrible headache / a high fever

- What can young people do to stay in shape?

they can watch what they eat/drink, it's a good idea to avoid junk food / fizzy drinks, they can go to the gym regularly or join a sports club/team, they could play their favourite sport, going jogging/swimming/cycling is a good idea

- Why is junk food so popular?

Young people: it's cheap/affordable, it tastes great, youngsters hang out at fast food restaurants

Older people: it's easy to heat up / cook, it's cheap to buy & quick to prepare

- What do you think is more important: eating healthily or doing exercise?

Eating healthily: food provides the vitamins & nutrients the body needs, you should avoid fatty/sugary foods

Doing exercise: you burn calories, you stay in shape, you keep fit, you can improve your metabolism, a combination of the two is best

Thank you. That is the end of the test.